

Benefits of Living and Practicing in Greater Lansing



Cost of Living

Cost of living in Greater Lansing compares favorably with other popular Michigan communities, including Ann Arbor, Grand Rapids and communities in the Detroit Metropolitan Area such as Northville, Royal Oak and Troy. In all instances, housing costs are the biggest factor in the difference in cost of living. Compare cost of living with other cities here: <http://money.cnn.com/calculator/pf/cost-of-living/index.html>.

Schools

Greater Lansing schools serve 70,000 students in 25 districts, with a variety of options to meet student needs and interests. Area schools include magnet schools, language immersion programs, Montessori and a mix of public, private and charter options: <http://www.purelansing.com/Looking-for-Talent/Living-Here/K-12>.

The Capital Area has three school districts—East Lansing, Haslett and Okemos—ranked among the top 25 school districts in the state: <https://www.niche.com/k12/search/best-school-districts/s/michigan/>.

Search for additional information about Michigan K-12 student test results, school operations, graduation rates and more here: <https://www.mischooldata.org/>.

Health, Lifestyle and Recreation

Michigan's Capital Area has over 150 parks and trails. The *Capital Area Health Alliance Parks and Trails Brochure* highlights 36 destination parks and trails in Greater Lansing. Find details here: https://capitalareahealthalliance.org/parks_brochure.php.

Greater Lansing is home to 20 different farmers markets spread across at least 14 different cities. Each farmers market has its own unique vendors offering a variety of products that may include organic produce, seasonal flowers and homemade goods—just to name a few.

Greater Lansing and its neighboring communities offer many organized and competitive events for runners and cyclists. With over 80 events annually, there are options for people at all levels of training. Find a comprehensive listing of opportunities, including running and cycling clubs, races and triathlons at: <https://localraces.com/lansing-mi>.

With 30 golf courses within a 30-mile radius, Greater Lansing boasts some of the best links in the country for public golf course prices. Visit: <http://www.lansing.org/things-to-do/golf/>.

Canoe and kayak in the Greater Lansing region. Try the beautiful Maple River State Game Area in St. Johns or the Grand River in Lansing. Or, try the short section of engineered whitewater on the Red Cedar River in Williamston. Find all you need to know here: <http://thepowerofwater.net/play/where/>.

The Capital Area has a variety of sports teams to cheer for, including three minor league teams—Lansing Lugnuts (baseball), Capital City Stealth (football) and Lansing United (soccer): <http://www.lansing.org/things-to-do/sports/>. As a member of the Big Ten Conference, Michigan State University offers 25 varsity athletic teams. The Capital Area also hosts two women's flat track roller derby teams.

Commuting and Travel

Sixty-five percent of Greater Lansing commuters can spend 20 minutes or less getting to and from work each day.

For those wanting to get away, the Greater Lansing region is within a two-hour drive of 90% of Michigan's population, and within a day's drive of a substantial portion of the U.S. population. Visit Detroit (90 miles), Chicago (216 miles), Indianapolis (255 miles) or Cincinnati (312 miles). It's easy to take a day trip to a Great Lake. Visit the Lake Michigan communities of Grand Haven and Saugatuck (100 miles), or take a slightly longer drive to enjoy the sunrise view on Lake Huron in Harbor Beach (166 miles).

Traveling farther away? The Capital Region International Airport offers four direct flights to Detroit, Chicago, Minneapolis and Washington DC for connections to other locations. Flint's Bishop International Airport (52 miles) offers direct domestic flights to six cities, and Grand Rapids' Gerald R. Ford International Airport (60 miles) connects to 16 cities in all regions of the country. The Detroit Metropolitan Wayne County Airport is 88 miles from Lansing.

Culture and Entertainment

The Capital Area is Michigan's festival capital, featuring nearly 60 music, art and community festivals and fairs—from East Lansing's Art Festival, to Mason's Down Home Days, to Lansing's Common Ground Musical Festival.

The Charlotte Performing Arts Center brings top-name entertainers to the mid-Michigan area at family-affordable prices. Williamston Theatre offers award-winning professional live theatre located in the heart of historic downtown Williamston. The Lansing Symphony Orchestra is the premier source for professional orchestral music. For more, visit: <http://www.lansing.org/things-to-do/>.

The Michigan State University campus offers a first-class performing arts center, a renowned contemporary art museum, and Michigan's first Smithsonian-affiliate museum. For more, visit: <https://www.michigan.org/blog/guest-blogger/ten-things-to-do-at-msu-without-having-to-go-to-class>.

Practicing in Lansing

The Michigan State University Colleges of Human Medicine and Osteopathic Medicine are a vital part of Greater Lansing's medical environment, fostering teaching, research and clinical trial opportunities for area physicians. For more information, visit: <http://humanmedicine.msu.edu/About/Mission.htm> and <http://www.com.msu.edu/About/FactSheet.htm>.

Learn about current clinical trials underway in Greater Lansing:
<http://www.mclaren.org/lansing/research-trials1.aspx>
<https://www.healthteam.msu.edu/patients/Cancer%20Clinical%20Trials.aspx>
https://www.sparrow.org/indirectory/default.aspx?sid=1&Dir_ID=3&&char=all.

Continuing Medical Education events are held throughout the year. Greater Lansing's ACCME-accredited CME providers offer dozens of CME credits each month, including tumor boards, case studies and specialty updates.

As the capital of Michigan, Lansing offers unique opportunities to connect with legislators, legislative staff and state government officials who are involved in policies affecting your practice and your patients.

Greater Lansing's physicians represent dozens of specialties and subspecialties, providing an excellent referral network for your patients.

The *Benefits of Living and Practicing in Greater Lansing* was put together by the CAPE committee of the Capital Area Health Alliance. For more information on CAPE or the Capital Area Health Alliance, go to www.capitalareahealthalliance.org or call 517-347-3377.



Capital Area Physician Experience (CAPE) is a coalition to welcome physicians to Mid-Michigan, showcase the benefits and opportunities of living in Greater Lansing, and encourage physicians to remain in the Capital Area.