



*The Capital Area Health Alliance believes that everyone has the right to lead a healthy lifestyle and have access to affordable, quality health care resources. As a trusted regional hub, CAHA convenes conversations, provides an inclusive platform for collaboration, and brings healthcare related resources and educational opportunities to employers, businesses and area residents.*

## 2020 Strategic Focus

### 1. Whole Person Care (WPC), [https://www.capitalareahealthalliance.org/whole\\_person\\_care.php](https://www.capitalareahealthalliance.org/whole_person_care.php)

Whole person care is the coordination of health, behavioral health, and support to address social determinants of health in a person-centered and relationship based manner, taking into account all that is important **to** the person, as well as what is important **for** the person, with goals of improved health outcomes and efficient and effective use of resources. **Strategies:**

- a) Learn about the training needs of area healthcare organizations and identify resources and opportunities for organizations interested in improving the skills needed to efficiently provide person-centered, integrated care.
- b) Work with state partners to develop and support sustainable models to recruit and retain the community, social service, and direct care workers needed to address changing demographic and healthcare needs and support WPC.
- c) Grow momentum for WPC in the Capital Area region by engaging partners in multiple sectors, including community members, to participate in related activities.
- d) Education & Networking: bring people together on specific facets of WPC.

### 2. Readiness for Care, [https://www.capitalareahealthalliance.org/readiness\\_for\\_care\\_cacnn.php](https://www.capitalareahealthalliance.org/readiness_for_care_cacnn.php)

Leadership preparation, clinical reasoning and critical thinking skills, and coaching new generations of healthcare professionals. **Strategies:**

- a) Community Education Forums for Nursing Students
- b) Millennial Nurses Speaker Bureau
- c) Integrate with CAHA focus areas of Whole Person Care and Health Equity by identifying opportunities to raise awareness of these areas of focus and the skills that new professionals will need to address them.

### 3. Health Equity, [https://capitalareahealthalliance.org/2019\\_health\\_equity\\_forum.php](https://capitalareahealthalliance.org/2019_health_equity_forum.php)

Intentionally examine how racism creates health inequities and address these inequities throughout our work. **Strategies:**

- a) Build capacity to facilitate difficult yet needed conversations.
- b) Partner with Ingham County Health Department and Lansing area Truth, Racial Healing & Transformation, <https://www.oneloveglobal.org/trht>, to advance health and racial equity.