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**Capital Area Health Alliance - Healthy Lifestyles Committee**

June 14, 2017, 9:00-10:30 a.m., Michigan Osteopathic Association

**MINUTES**

**Participants**

Alicia Armstrong Playmakers

Kellie Banko PHP

Ellen Dreps Hayes Green Beach/AL!VE

Debbie Edokpolo ICHD

Irene Gonzalez Blue Cross Complete of Michigan

Christine Histed Tri-County Office on Aging

Kate Hodgkins Ingham County Medical Care Facility

Joel Hoepfner CMHA-CEI

Kathy Hollister Capital Area Health Alliance

Elizabeth Kronner The Davies Project

Abbi Lynch BEDHD

Joyce McGarry MSU Extension

Felicia McMullen American Cancer Society

Maddy Mulroy Sparrow

Tom Page Michigan 2-1-1

Leslie Polack Sparrow Health System

Janine Sinno ICHD

Kalea Sanford Reflect Wellness

Brianna Sosebee Capital Area Health Alliance

Amy Stoakes LCC

Casey Thompson YMCA

Dana Watson ICHD

Cathie Webb McLaren Health Plan

Kelly Zielinski Lettuce Live Well

**Call to Order and Introductions.** Kathy Hollister chaired the meeting and welcomed attendees. Attendees were given the opportunity to introduce themselves.

**Approval of minutes.** The minutes from May 11, 2017 were approved.

**Guest Speaker: Tom Page, Executive Director, Michigan 2-1-1**

Tom Page provided an overview of Michigan 2-1-1, <http://www.mi211.org>, which provides easy access to information about community services. Seven regional 2-1-1 Centers manage Michigan’s comprehensive health and human service database listing of 7,000 agencies offering over 29,000 services in 180 languages. To access resources in the Tri-County go to <http://www.centralmichigan211.org>. Mr. Page highlighted 2-1-1 becoming a primary point of contact for Flint residents to connect with assistance for the water crisis in 2016. He also shared that 2-1-1 is partnering with Michigan Department of Health and Human Services to provide better coordination and support for their clients. The 2-1-1 database will link with MDHHS Integrated Service Delivery to help coordinate access to community-based services for recipients of state and federal assistance to improve Social Determinant of Health outcomes.

**Discussion**

1. *Choosing Health!®*
2. **Postcards*.*** *Choosing Health!®* postcards were distributed to attendees. These cards can be used by members to explain what *Choosing Health!®* is when connecting with organizations in the community.
3. **Logo Utilization Form.** Organizations are welcome to call their programs or resources *Choosing Health!®,* add the logo onto their website, or use the *Choosing Health!®* logo on an event flier.The guidelines for using the logo are outlined in the logo utilization agreement, which is available on the CAHA website (in the quick links section on the home page, <http://capitalareahealthalliance.org/>)
4. **Upcoming events/classes/resources.** The *Choosing Health!®* Resource Collection form will be sent out monthly with the meeting agenda to committee members. The form can be filled out to include upcoming events or resources to be distributed to the HLC and elsewhere,
5. **Quarterly focus.** The *Choosing Health!®* quarterly focus will be listed at the bottom of each month’sHealthy Lifestyle Committee meeting agenda. This focus targets each aspect of the four components of *Choosing Health!®:*

Spring: Walking

Summer: Healthy Eating

Fall: Tobacco Cessation, Substance Misuse Prevention

Winter: Mental Wellness

1. **Partner Spotlight**
2. July’s Partner Spotlight will feature Lettuce Live Well and Tri-County Office on Aging.
3. **Partner Updates:** Updates were given by representatives from Reflect Wellness, PHP, CMH-CEI, The Davies Project, Lettuce Live Well, Sparrow, Tri-County Office on Aging, LCC, ICHD, Ingham Medical Care Facility, American Cancer Society, Playmakers, MSU Extension, Blue Cross Complete of Michigan, BEDHD and McLaren Health Plan.

**Next Meeting:** July 19, 9:00-10:30 a.m., Michigan Osteopathic Association