

Welcome to the Eighth Annual

Medical Student Networking & Dine Around Evening

November 3, 2016

6:00 PM – 9:00 PM

Eagle Eye Golf Club

15500 Chandler Road, Bath, MI 48808

Hosted by



Capital Area Physician Experience

and the

Capital Area Health Alliance



www.CapitalAreaHealthAlliance.org

What Is CAPE?



Capital Area Physician Experience

The Capital Area Physician Experience (CAPE) committee was created in 2008 to welcome physicians to Mid-Michigan's tri-county community and showcase the benefits and opportunities of living in Greater Lansing, encouraging physicians to remain in the Capital Area. Committee members are also committed to assisting graduate medical education students as they consider the Capital Region as a potential home.

Organizational members of CAPE include:

Barry Eaton District Health Department • Capital Area Health Alliance
Eaton Rapids Medical Center • Graduate Medical Education Inc.
Hayes Green Beach Memorial Hospital • Horizon Bank
Ingham Community Health Centers • Ingham County Medical Society
McLaren Greater Lansing • Michigan Center for Rural Health
Michigan Health Council • Michigan Osteopathic Association
Michigan State University College of Human Medicine
Michigan State University College of Osteopathic Medicine
Michigan State University Health Team
Sparrow Health System

Visit us online
at

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Event Schedule

6:00 PM – 6:40 PM **Registration, Networking, Dinner Buffet,
& Display Visits**

6:40 PM **Welcome & Introduction of Mentor Physicians**

- **Kathy Hollister**
Executive Director, Capital Area Health Alliance
- **Margie Clark, RN, MSN**
Chairperson, Capital Area Health Alliance
Dean, Health & Human Services, Lansing Community College
- **Sheri Clarke, PhD**
Director Medical Education, McLaren Greater Lansing
Interim Designated Institutional Official, McLaren Healthcare Corporation
- **Kristin Gaumer, DO**
Practice Leader, Sparrow Senior Health Center

7:00 PM – 8:45 PM **Dine Around Event**

See page 4 for Physician Mentors/Specialities/Tables

Five 17-minute sessions with a 3-minute break between each session to change tables

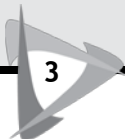
8:45 PM – 9:00 PM **Door Prize Drawings**

Must be present to win

Thank you...

The CAPE Committee thanks you for joining us this evening and also thanks the participating Physician Mentors who have engaged in tonight's event.

Through the gracious donation of their time and expertise, these physicians are helping medical students understand the rich qualities of the medical community here in the Capital Area.





Physician Mentors & Specialties

Table # – Specialty – Physician

- #1 – **Academics/Medical Education** – Sheri Clarke, PhD
- #2 – **Anesthesiology** – Tom Rodziewicz, MD
- #3 – **Emergency & Internal Medicine** – Ted Glynn, MD, FACEP
& Nick Bair, DO
- #4 – **Family Medicine** – Surae Eaton, MD & David Walsworth, MD
- #5 – **Family Medicine & Primary Care Free Clinics** – Farhan Bhatti, MD
& Amy Keenum, DO
- #6 – **General Surgery** – Nicholas St. Hilaire, DO
- #7 – **Geriatrics, Hospice & Palliative Care** – Kristin Gaumer, DO
& Randy Hillard, MD
- #8 – **Hospitalist** – Kristy Beckholt, DO, Manohar Chintu, MD
& Carol Nwelue, MD
- #9 – **Internal Medicine Fellowships: Gastroenterology, Nephrology &
Pulmonology** – Ahmad Iftiker, MD, Gabriel Elia Jecusiel, MD
& David Young, DO
- #10 – **Internal Medicine Fellowships: Cardiology** – Mohan Madala, MD
& James Schafer, MD
- #11 – **MI Loan Repayment, Rural Health & Federally Qualified Health
Centers** – Harshini Jayasuriya, MD & Rachel Ruddock
- #12 – **Obstetrics & Gynecology** – Erica Behring, MD & Robert Seiler, DO
- #13 – **Pediatrics** – D. Michael Stiffler, MD
- #14 – **Physical Medicine & Rehabilitation** – Matthew Saffarian, DO
- #15 – **Psychiatry** – Jennifer Stanley, MD
- #16 – **Public Health** – Robert Schirmer, MD

Resource Links for Planning Your Graduate Medical Education Pathway

Navigating Your Career Path

<https://students-residents.aamc.org/>

This website provides guidance for tips on transitioning to residency, preparing your curriculum vitae, transferring between specialties, financial advice, marriage during residency, etc.

Search for ACGME Residency Programs

<https://apps.acgme.org/ads/public/>

This website provides a listing of all programs which are currently approved through the ACGME. Contact information is provided for the program director and program coordinator.

American Board of Medical Specialties *Guide to Medical Subspecialties*

http://www.abms.org/media/114634/guide-to-medicalspecialties_04_2016.pdf

This is a comprehensive list of all the potential medical specialties and subspecialties available through the American Board of Medical Specialties (ABMS). This list includes a short description of each specialty and the skill set necessary to be successful.

Association of American Medical Colleges Careers in Medicine Timeline

<https://www.aamc.org/cim/337658/cimtimeline.html>

This website provides a checklist for medical students preparing for residency. When you create an account with AAMC, you can access self-assessments, the specialty indecision scale, suggested third-year schedules, and additional resources.

Association of American Medical Colleges Careers in Medicine Specialty Listing

<https://www.aamc.org/cim/specialty/exploreeoptions/list/>

This website provides a short description of each specialty, the average hours worked per week, length of training, and links to specialty news.



Capital Area Graduate Medical Education Training Programs

Specialty	Length of Program (Years)	Program Sponsor	Primary Training Locations	Required prior residency training
Anesthesiology	4	MGL	MGL	N/A
Anesthesiology - Pain Management	1	MGL	MGL	Anesthesiology
Cardiology	3	MGL	MGL	Internal Medicine
	3	MSU	EWS	Internal Medicine
	3	EWS	EWS	Internal Medicine
Pulmonary Critical Care	3	EWS	EWS	Internal Medicine
Electrophysiology (non-accredited)	1	EWS	EWS	N/A
Emergency Medicine	3	EWS	EWS/MGL	N/A
Endocrinology	2	MSU	MSU/EWS	Internal Medicine
Family Medicine	3	MGL	MGL	N/A
	3	EWS	EWS	N/A
	3	MSU	MSU/Alma	N/A
Gastroenterology	3	MGL	MGL/EWS	Internal Medicine
General Surgery	5	MGL	MGL	N/A
	5	MSU	MSU /EWS/MF	N/A
Geriatrics	1-2	EWS	EWS	Family Medicine or Internal Medicine
Hematology and Oncology	3	MSU	MSU /MGL	Internal Medicine
Internal Medicine	3	MSU	MSU /EWS	N/A
	3	EWS	EWS	N/A
	3	MGL	MGL	N/A
Infectious Disease	2	MSU	MSU/EWS	Internal Medicine
Interventional Cardiology	1	MSU	Borgess/MSU/ EWS	Cardiology
Neonatology	3	MSU	MSU/EWS	Pediatrics
Neurology	4	EWS	EWS/MSU/MGL	Includes transitional year
Neuromusculoskeletal Medicine +1	1	EWS	EWS	Family Medicine or Internal Medicine
Neurophysiology	1	EWS	EWS	Neurology
Obstetrics and Gynecology	4	EWS	EWS	N/A
	4	MGL	MGL	N/A
Orthopaedic Surgery	5	MGL	MGL/EWS/HGB	N/A
Pediatrics	3	MSU/EWS	MSU/EWS	N/A
Psychiatry - General	4	MSU	MSU/EWS	N/A
	2	MSU	MSU	Psychiatry
Psychiatry - Geriatric	1	MSU	MSU	Psychiatry
Physical Medicine and Rehabilitation	4	MSU/EWS	MSU/EWS/MGL	Includes transitional year
PM&R - Pain Fellowship (non-accredited)	1	MSU	MSU	PM&R
PM&R - Sports Medicine Fellowship	1-2	MSU	MSU	PM&R
Sports Medicine Fellowship	1	EWS	EWS/MSU	Family Medicine, Pediatrics, Internal Medicine and Emergency Medicine
Surgical Critical Care	1	MSU	MSU/EWS	Surgery
Urology	5	EWS	EWS/MSU/MGL	N/A
Vascular Neurology	1	EWS	EWS	Neurology
Vascular Surgery Fellowship	2	MSU	MF	General Surgery

MSU – MSU College of Human Medicine and College of Osteopathic Medicine

EWS – Sparrow Hospital

HGB – Hayes Green Beach (Charlotte)

MF – McLaren Flint

MGL – McLaren Greater Lansing

SCS – MSU COM/Statewide Campus System



Questions to Think About When Considering a Specialty

1. Do I prefer to follow a patient through days and weeks of treatment, or do I prefer to provide a service and move to the next patient?
2. How much do I want to get involved in my patients' lives and health habits?
3. What lifestyle do I want when I begin practicing? Do I want shift work? How many hours do I want to work?
4. Am I interested in inpatient or outpatient medicine?
5. How many years do I want to train? Would I consider a subspecialty?
6. Is there a certain aspect of medicine that I enjoy more than others?
7. Which type of practice area do I want to consider: rural or urban, independent or partnership, etc.?
8. What type of patients do I want to have: pediatric, adult, or both?
9. What type of acuity do I want to work with?
10. What type of treatment outcomes or results would I prefer to have in my practice: major changes in patient outcome versus continuous treatment?
11. Do I want to pioneer new medical procedures/advances?
12. Am I interested in medical research and/or teaching?
13. Am I motivated by financial gain and looking for a highly paid specialty?
14. What skill set do I have that will make me successful in specific specialties: interpersonal communication, dexterity, problem solving, calm under pressure, etc.?
15. Am I an early morning person?



Event Sponsors



Psychiatrist (Adult and Child) Positions at Community Mental Health Authority of Clinton, Eaton, and Ingham Counties

The community mental health movement in this country was founded on the belief that mental health services are best provided in the community in which the person receiving such service lives. In keeping with this philosophy, Community Mental Health provides a wide range of community-based services. Annually, the organization serves over 11,000 persons at 122 sites throughout the tri-county region.

In an effort to make the most of this community's resources, Community Mental Health recognizes the value of, and is committed to, hundreds of partnerships with a wide range of parties. These partnerships, carried out in the form of multiple party collaborative efforts and two-party agreements, are fundamental to the provision of comprehensive and seamless mental health care service delivery. Today, with over 1,000 employees, Community Mental Health has become the 15th largest employer in the region, and through contracts with other providers, makes an investment of an additional 500 jobs in our community.

Psychiatrists at CMHA-CEI are under the supervision of the Medical Director and can work in a large range of mental health settings which include Older Adults, Developmentally Disabled, Mental Illness, Children's, and Substance Abuse Services. They are responsible for the delivery of direct psychiatrist services for patients in one of our four major programs. The opportunity to utilize an array of therapeutic techniques including medication management. CMHA-CEI also offers our Psychiatrists to participate in education of psychiatrist residents and for clinical appointment to Michigan State University Department of Psychiatry.

CMHA-CEI offers excellent benefit packages which are offered at part-time and full-time status. We offer paid malpractice, full family coverage (health, dental and vision), life insurance, defined contribution retirement program through MERS after a total of six years of credited service with an employer contribution, short and long term disability, generous time off package, and continuing education credits.



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Digital Mammography
Emergency Department
Family Practice
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Hepatology

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Mental & Behavioral Health
Nuclear Medicine
Nutritional Counseling
Obstetrics/Gynecology
Oncology/Hematology
Ophthalmology
Orthopedics
Pain Management
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Thank you for attending the 2016 CAPE Dine Around!

*We encourage you to become a part of our excellent
medical community here in the Capital Area.*

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contact us at (517) 336-9019
or visit www.icmsonline.org.





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- Dr. Joe Gorz,
MSUCOM, Class of 2013

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www.DOMOA.org



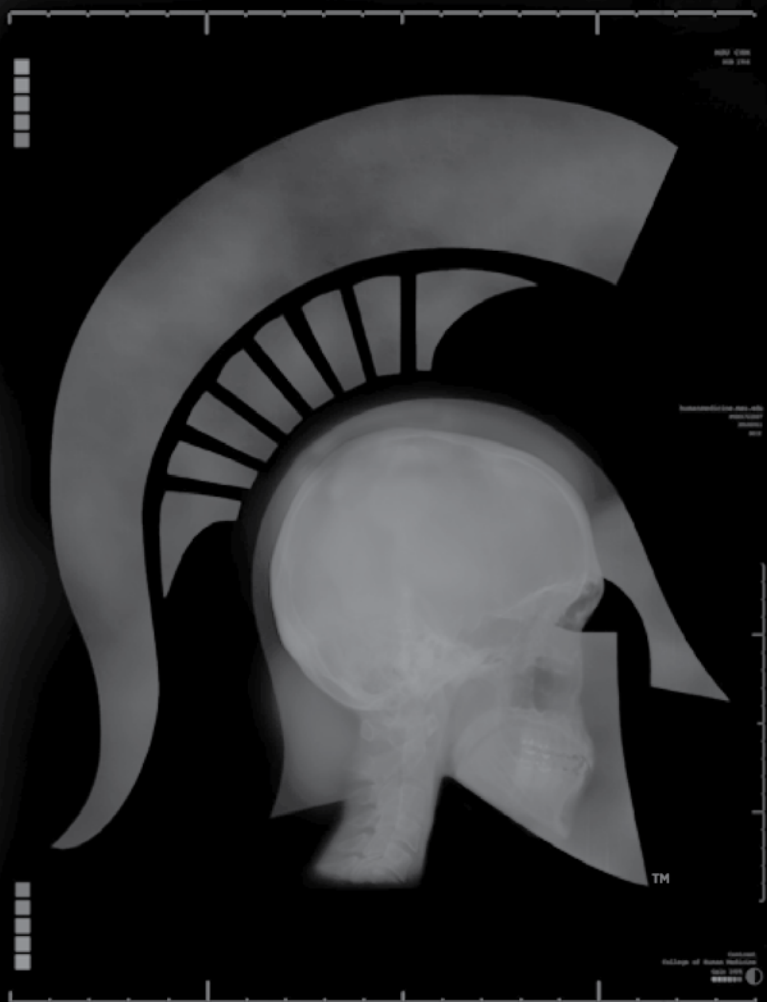
Sparrow Medical Group is pleased to support the
Medical Student Networking Event
and be a part of the
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Barbara Hilborn, Manager, Physician Recruitment
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Some restrictions may apply. Offer expires February 10, 2017.

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Visit **themac.org**



Door Prizes & Donors

The following door prizes have been generously donated
in support of the Medical Student Networking Event.

Coldwell Banker Hubbell Briarwood (Gift Basket)

Creative Wellness (Massage Gift Certificate)

Horizon Bank (Gift Certificate)

MSU Women's Basketball (Women's Basketball Tickets)

McLaren Greater Lansing (MSU Men's Basketball Tickets)

Sparrow Health System (Gift Basket)

Wharton Center (Broadway Series Posters)



Potential Questions to Ask Physician Mentors at the Dine Around

1. What is your typical day like?
2. Why did you pick your specialty?
3. In hindsight, would you do anything different in your training?
4. What skills are most beneficial for this specialty?
5. What personality traits are most beneficial for this specialty?
6. What type of patients do you see most often?
7. Any advice on preparing for this specialty?
8. What can I do now to be more competitive for a residency program?
9. How does this specialty differ from _____ (another I am interested in)?
10. Do you find your work to be rewarding?
11. Do you find that this specialty is conducive to a healthy balance between work and your personal life?
12. Is there a limit to the number of years I can do this specialty? For example, is it physically demanding or does it require excellent vision or manual dexterity?
13. What advice would you give someone going into this specialty today?

Notes

[illegible]

Notes

[illegible]

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Door Prizes & Donors

Coldwell Banker Hubbell Briarwood (Gift Basket)
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MSU Women's Basketball (Women's Basketball Tickets)
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Sparrow Health System (Gift Basket)
Wharton Center (Broadway Series Posters)

For further information about CAPE, contact:



CAPITAL AREA
HealthAlliance

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